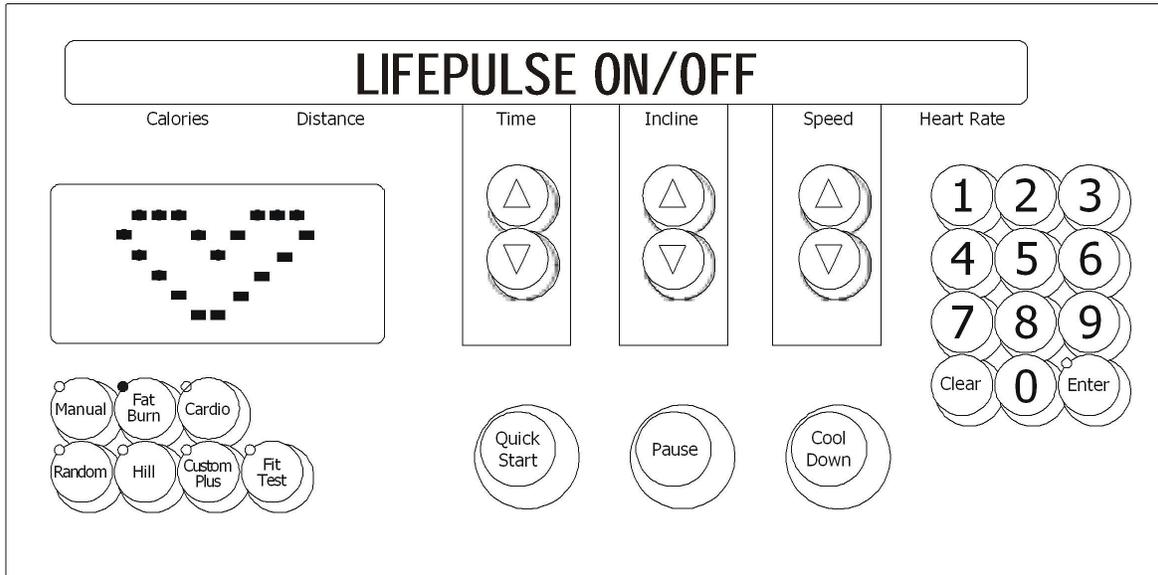


**Life Fitness Models 9100, 9500HR, 9700HR, and 9700HR w/Decline Treadmills**  
**DIAGNOSTICS: SYSTEM TEST – LIFE PULSE MODE**



Upon initial entry to this test, a message concerning the configuration of the lifepulse system being On or Off. This test will allow the user to test the lifepulse heart rate system.

Following this message, the lifepulse system can be manually tested. A heart will be in the profile window. The system will show when the user has placed their hands on the lifepulse sensors. When the left sensor detects hands on condition, a 'L' will be placed in the profile window with the heart. When the right sensor detects hands on condition, a 'R' will be placed in the profile window with the heart.

A timer will start counting from the time when a both left and right hands on condition occurs to when the lifepulse system can reliable give the user their heart rate. This timer will stop when the heart rate is given.

The gain value of the heart rate signal is shown. The confidence level of the heart rate value is displayed. The value ranges from 0 to 9. A value of 9 is considered to be high confidence. A value of 0 is considered to be low confidence.

The speed system and incline systems can be activated in this test. However, the display will only show the target speed or incline for two seconds while the speed/incline keys are being pressed. It will then return to showing the lifepulse information.

Press the 'CLEAR' key to exit the Lifepulse test and return to the System Test Menu.